

Introduction to ensuring the sexual and reproductive health and rights of transgender populations

YouTube Link: <https://youtu.be/1jciFI7mAHM> (3.5 Minutes)

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Subtitles/Closed Captioning

0:00-0:01 My name is Sofia Gruskin,

0:01-0:06 and I direct the Institute for Global Health and the program on Global Health and Human Rights at the

0:06-0:10 University of Southern California.

0:10-0:13 In 2017 we conducted a research symposium

0:14-0:21 with the name "In Transition Gender Identity Law and Global Health." That symposium was our capstone event

0:21-0:23 which really brought together

0:23-0:26 the culmination of a year's worth of activities and events

0:27-0:30 focused on the health rights and needs of transgender populations.

0:31-0:33 We brought together

0:33-0:37 people with different disciplinary perspectives working at this intersection and

0:38-0:45 working from places all around the globe who were really concerned with what would it mean for research to be most useful and most appropriate,

0:45-0:51 In terms of the way in which it was organized to best serve the needs and rights of transgender populations.

0:51-0:58 And key to being able to do that was really to ensure that the voices of transgender populations

0:58-1:05 drove the research and drove the way of thinking in terms of how it is that people talked and work together.

1:05-1:12 Ultimately our goal was to think for a university genuinely concerned with the health rights and needs of transgender

1:12-1:15 Populations what role can we most usefully play?

1:21-1:28 Multi-disciplinary means that you have experts in particular fields that are actually coming to the table with their specified knowledge and beginning a

1:28-1:30 conversation based on the tangential knowledge

1:30-1:34 They might have them another discipline that then gets bolstered by everyone being at the table.

1:34-1:37 Coming from my perspective as the social worker

1:37-1:43 I don't have the tools or resources or knowledge that so many people and other disciplines do so, for example

1:43-1:50 My research looks at violence and discrimination and helping support individuals who've experienced those things. A lot of those discriminatory

1:51-1:58 victimizing experiences come from the structural to social environment. In order to address, ultimately, the individuals mental health outcome we need a

1:59-2:03 multi-pronged approach, to eliminate violence and discrimination.

2:03-2:07 It can't just come from a social worker or just a lawyer, but us working together.

2:08-2:15 It's important to kind of leverage and be as comprehensive as possible doing that really does require that multiple

2:15-2:19 people are at the table, you know multiple stakeholders and that includes different disciplines.

2:19-2:21 I always think it was like you have to know your role in all of this

2:21-2:27 Right? So indeed like I come from an Epi background. I'm a physician by training and so there's sort of that medical and

2:30-2:34 and quantitative framing to the work I do. I think as you work in your own silos

2:34-2:38 which is common, right? You have to start somewhere. You recognize what are their limitations?

2:39-2:44 Transitions and definitions, transitions in policies transitions, in the

2:45-2:49 culture related to transgender health.

2:49-2:55 Using multiple disciplines to look at the multiple transitions would be a fruitful area for research.

2:55-3:01 I think it's an opportunity to look at all different

3:01-3:05 social, cultural, health and other factors.

3:05-3:08 But also linking global to local, local to sub local,

3:09-3:13 but always at the center of the attention, the need and rights of trans populations.

3:13-3:14 Thinking about

3:16-3:18 health more holistically, thinking about

3:19-3:22 how to improve social and economic

3:24-3:28 dimensions and that's also related to human rights and how that would influence health.